



Evidence-Based & Strength-Centered Programs & Supports

Vicarious Trauma & Traumatic Stress

**Its Impacts, How to Recognize & Manage It At Your
Agency To Enhance Service Excellence**



VICARIOUS TRAUMA & TRAUMATIC STRESS

Its Impacts, How to Recognize & Manage It At Your Agency To Enhance Services Excellence

A tremendous amount of effort is rightfully expended to insure professionals are equipped to address the needs of clients. On another hand the needs of staff to care for themselves in light of the compassion fatigue associated with the requirements of working with these same clients gets far less attention.

PROGRAM OUTLINE

Vicarious trauma, secondary trauma, burnout and/or compassion fatigue are challenges facing every professional engaged in the helping profession, the agency they work for and clients they serve. Those effects can be minimal and managed or have debilitating impacts both for the individual and their organization.

Whatever you choose to call it, helping others can have both short and long term effects on a professional's physical, emotional and spiritual well-being. Vicarious trauma and traumatic stress must be recognized as part of the helping process. And once recognized, you must make a plan to manage the impact in order to achieve positive client outcomes, foster professional growth and enhance agency sustainability.

At another level it impacts how the professional interacts with colleagues and their clients. It also carries over into relationships with loved ones.

PROGRAM GOALS AND LEARNING OBJECTIVES

Participants in this program will be in a position to;

1. Develop a healthy appreciation for the prevalence of vicarious trauma and traumatic stress among human and social service as well as criminal justice professionals is essential
2. Review the extensive impact of vicarious trauma and traumatic stress on the individual, their family, the agency and clients it serves
3. Know the difference between vicarious trauma, traumatic stress, primary and secondary traumatic stress and burnout
4. Review various methods to both recognize and manage traumatic stress
5. Develop effective action steps necessary to create a trauma informed supportive work environment
6. Review how you can be part of (or lead) an organization that is supportive so its staff experiences lower levels of vicarious trauma
7. Understand how unrecognized vicarious trauma can impact staff retention and positive client outcomes
8. Review how unrecognized vicarious trauma can lead to at risk behaviors and liability for an organization

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WHO SHOULD ATTEND

Practitioners, program managers, staff, supervisors and managers of teams who work with clients and other stakeholders at substance abuse and co-occurring disorder treatment and prevention programs should plan to attend. They will benefit tremendously.

KEY REASONS YOU AND YOUR COLLEAGUES SHOULD ATTEND A JOYFIELDS INSTITUTE PROGRAM

Join others and learn to quickly get your program initiatives on a solid foundation

- Learn in a focused setting without the distractions of being sold to
- Network with colleagues to share invaluable ideas and experiences from different parts
- Meet other professionals and learn how they overcame implementation challenges they faced
- Leave at the end of the program with action steps to begin addressing challenges you face
- Learn first hand the best and latest resources for addressing needs and how to apply them
- Learn from experts and outstanding practitioners “what works” and what not to do
- Through discussion groups and trouble shooting exercises you will learn to embrace opportunities ahead

CERTIFICATE & CONTINUING EDUCATION TRAINING HOURS

Approved for up to 13 CE training hours

Joyfields Institute CE: Upon completion of the course, participants will receive a certificate as evidence of your accomplishment and status as a practitioner who has acquired specific new skills. Many licensing/certification bodies accept this designation. Please check with your licensing body.

Licensed Alcohol & Drug Counselors: Joyfields Institute is an approved education provider by National Association of Alcohol and Drug Abuse Counselors (NAADAC)/National Certification Commission (NCC) Provider #745. Many licensing/certification bodies accept this designation. Please check with your licensing body.

Substance Abuse Counselors: Joyfields Institute is an approved education provider by National Association of Alcohol and Drug Abuse Counselors (NAADAC)/National Certification Commission (NCC) Provider #745. Many licensing/certification bodies accept this designation. Please check with your licensing body.

California LMFT, LEP, LCSW, LPCC: Joyfields Institute courses meet the qualifications for CE credits in CA as required by CA BBS. Joyfields Institute is an approved education provider by CA BBS, license number PCE 5522.

Professional Counselors: Joyfields Institute is an approved education provider by the National Association of Alcohol and Drug Abuse Counselors (NAADAC)/National Certification Commission (NCC) Provider #745. Many licensing/certification bodies accept this designation. Please check with your licensing body.

California State Standards & Training for Corrections: Joyfields Institute is a approved California State Standards and Training for Corrections (STC) education provider

For assistance, call +1(770)409-8780.

FACULTY BIO

Mark Lewis, LMSW, MCSW, MINT, EBP Implementation Specialist, Michigan Department of Community Health

Mr. Mark Lewis is best described as a person who is focused on staff development and training for the purpose of improving the moment of contact between a practitioner and the individual receiving services. His trainings are known for depth of knowledge and effectiveness in providing clear influence on the participating practitioners' skills. His experience includes case management, treatment, supervision, staff development, and management of adult and juvenile justice programs including a very specialized program for Parolee-Sex Offender Alcoholics and Addicts.



Mr. Lewis began his career as a Law Enforcement and Corrections Specialist in the United States Air Force. During his 10 years of service Mr. Lewis performed as a Law Enforcement Supervisor and later as a Master Instructor in the Air Force Police Academy. Following the Air Force he completed a Bachelors Degree in Psychology at the University of Michigan, and the Masters of Clinical Social Work at Michigan State University. He is a Licensed Master Social Worker (LMSW) and a member of the International Motivational Interviewing Network of Trainers (MINT), and carries advanced credentials in other evidence based practices.

In 33 years of practice Mr. Lewis has worked in various public and private human services programs and held positions ranging from clinical therapist, case-manager, director of operations for a national managed care company, director of utilization management, and contract negotiator. Currently Mr. Lewis holds a position with the Michigan Department of Community Health where he is responsible for the implementation and sustainability of evidence-based practices and best practice across the public health system.

Mr. Lewis is also an adjunct professor at the Oakland University School of Medicine, the University of Michigan-School of Social Work, and the Wayne State University-School of Medicine-Department of Psychiatry-Research Division.

As a Joyfields Institute Associate Faculty Mr. Lewis leads the staff development and training activities, systems and process design improvements and leadership enhancement practice.

Program content and faculty subject to change without notice

ACCOMMODATIONS, REGISTRATION

All workshops and conference activities will take place within our host hotel;

The Sheraton Mission Valley San Diego Hotel

1433 Camino Del Rio S, San Diego, CA 92108

This Starwoods property is set against a lush hillside, close to most attractions, the San Diego Zoo, and SeaWorld San Diego. The hotel features warm furnishings and floor-to-ceiling windows, the polished rooms have flat-screen TVs, high-speed Internet (fee), and minifridges. Upgraded rooms have balconies and pull-out sofas, while club rooms and suites feature private-lounge access, continental breakfast and snacks.



Complimentary WiFi is included in your guestroom and available in public areas. There's a heated outdoor pool, hot tub and a world class gym. Our special negotiated rate is \$139 per night, plus applicable taxes and local fees.

How to reserve your room: Participants are responsible for making own accommodation arrangement. To make your reservations please contact the hotel directly. *(If our hotel room block is full and you still need rooms, please call us at 770-409-8780, or email yvette@joyfields.org. We have access to some rooms and can help)*

- **Telephone:** Please call the hotel directly at 619-260-0111. You must mention **JOYFIELDS** to take advantage of the negotiated rate by May 6th.

View the hotel website at, <http://www.sheratonmissionvalley.com>

If you need immediate assistance, please contact our office at +1(770)409-8780 or send email to yvette@joyfields.org

REGISTRATION & FEES - Team attendance is highly encouraged. See group pricing below.

The registration fee covers;

- All training sessions
- Comprehensive Program Manual
- Earn CE training hours allocated for this particular program
- Breakfast daily and refreshment breaks
- 6-Month Membership in Joyfields Institute and EBP Society, the Society for Evidence Based Professionals, including
 - Joyfields Institute updates, articles, news and trends publication
 - Access to free eLearning, training/education webinars presented by experts and practitioners, and
 - 10% member discount to Joyfields Institute sponsored programs

	Individual	2-3 Individuals	4 or more
Registration Fee:	\$695 ea.	\$595 ea.	\$495 ea.
<i>(Stay All 4-Days and Save:</i>	<i>\$1295 ea.</i>	<i>\$1195 ea.</i>	<i>\$995 ea.)</i>

REGISTRATION FORM

Please use this form to process your registration. Complete the form and fax to +1(678)605-0271

Event Name: _____

Authorizing Manager

Full Name: _____ Title: _____

Company: _____

Address: _____

City: _____ State: _____ IPC/Zip: _____

Email: _____ Phone: _____

Attendee #1

Full Name: _____ Title: _____

Email: _____ Phone: _____

Attendee #2

Full Name: _____ Title: _____

Email: _____ Phone: _____

Attendee #3

Full Name: _____ Title: _____

Email: _____ Phone: _____

Attendee #4

Full Name: _____ Title: _____

Email: _____ Phone: _____

Registration Fees

Circle One:	Individual	2-3 Individuals	4 or more
2-Day Workshops:	\$695 ea.	\$595 ea.	\$495 ea.
All 4-Days of Sessions:	\$1295 ea.	\$1195 ea.	\$995 ea.

Sign me up for my membership. (circle one) Take 10% OFF any event now plus members benefits.

- Individual Plan Membership \$495
- Team Plan (LMS for up to 5 individuals).....\$1495
- Enterprise Plan (Includes LMS + EvalMeasures Software)..... \$2995

Payment Method (circle one): Credit Card / Wire / Check / Bill Me / PO # _____

Credit Card Name (circle one): MC / VISA / AMEX / DISCOVER

Name on Card: _____

Card Number: _____ Expiration Date: _____

Phone: +1(770) 409-8780 | Fax: +1(678) 605-0271 | support@joyfields.org.

Make checks payable to Joyfields Inc. drawn on US bank in US Dollars and Mail To:
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