



# **CENTER FOR MOTIVATIONAL INTERVIEWING SKILLS TRAINING & STAFF DEVELOPMENT**

## **Motivational Interviewing Skills Trainer (MIST) Workshops**

**Three 2-day Sessions begins**

**October 18-19  
Charlotte, NC, USA**



[www.joyfields.org](http://www.joyfields.org)



## Motivational Interviewing Skills Trainer (MIST) Workshops

### Program Summary

The Motivational Interviewing Skills Trainer training course is designed to help participants who have completed the basic and advanced courses to obtain competence to conduct MI training to others.

Although this program does not designate the participant as a MINT member, it does prepare you to join the MINT and ultimately become a MINT instructor if you so choose. Prospective trainers are required to complete MI: Core Skills and MI: Advanced Skills courses. Years of MI skills on the job may also serve to meet the advanced skills requirement. Also, they must be individuals who are achieving high scores in fidelity scoring. Prospective Trainers will ideally present themselves as comfortable and confident in a training presentation venue. Experience as a trainer or educator would be extremely helpful.

Research on Motivational Interviewing demonstrates that initial mass trainings to learn the method does not create sustainable excellence in practice. In fact the research on Motivational Interviewing demonstrates that ongoing feedback from audio coding, along with periodic refresher training and coaching is the most effective way to achieve and maintain high fidelity of practice. The research shows that without these activities many practitioners and agencies say they are practicing Motivational Interviewing but when reviewed are at very low fidelity with matching outcomes. As a result it is highly recommended that agencies engage a MINT instructor or consider training their own in-house trainers on Motivational Interviewing skills to provide periodic refreshers and to coach and give feedback.

The Center for MI Training program, Motivational Interviewing Skills Trainer (MIST) is the leading MI skills training resource available for training and developing future trainers. These trainers can provide the periodic trainings and refreshers as well as coach and give feedback.

The MIST program at Joyfields Institute Center for Motivational Interviewing Training & Staff Development is conducted in three 2-day sessions. MIST candidates must participate in all 3 MIST sessions to graduate.

#### MIST Session-1 (2-Days)

- Review MI Fundamentals, Strategies and Techniques
- Examine MI Practice
- Completion of a *Video assessment of simulated encounters-revised*
- 15 to 60 days of practice and coaching

#### MIST Session-II (2-Days)

- Basic Instruction Techniques
- How MI is Learned/Taught
- Lesson Planning
- 15 to 60 days of practice and coaching

#### MIST Session-III (Final 2-Day Session)

- Submit & Review Lesson Plan
- Teach/Deliver Plan w/ Scoring
- MIST Certificate of Completion Issued

**\*\* Earn up to 39 CE Hours**

**Dates & Locations:** View current information online at [www.center4mi.com](http://www.center4mi.com)

#### WHO SHOULD ATTEND

Managers, supervisors and training program managers and professionals in mental health management, adult, juvenile and adolescent settings and others considering a training role.

It is also highly relevant to Service Providers, those in Housing & Resident populations settings, Pastoral counselors, Court Administrators, Social Workers & Substance Abuse Counselors, Researchers & Planners, Mental Health and Prevention.

Those at Community Services Organizations would also benefit.

Program Directors, Executives, Government Agencies and Pre-Release Settings should consider sending their training personnel.

# Center for Motivational Interviewing Training and Staff Development

## Motivational Interviewing Trainer Training

### Workshop Leader

#### **Mark M. Lewis, LMSW, MINT**

Licensed Master Social Worker (LMSW), Mark Lewis began his career as a Law Enforcement and Corrections Specialist in the United States Air Force. During his 10 years of service Mr. Lewis performed as a Law Enforcement Supervisor and later as a Master Instructor in the Air Force Police Academy. Following the Air Force he completed a Bachelors Degree in Psychology at the University of Michigan, and the Masters of Clinical Social Work at Michigan State University. He is a Licensed Social Worker in the state of Michigan and a member of the International Motivational Interviewing Network of Trainers, and carries advanced credentials in other evidence based practices. .

In 28 years of practice Mr. Lewis has worked in various mental health and substance abuse treatment programs in both the public and private sector. His experience includes case management, treatment, supervision, staff development, and management of adult and juvenile justice programs including a very specialized program for Parolee-Sex Offender Alcoholics and Addicts.

Mr. Lewis has been a leader in the state of Michigan for the integration of treatment for persons with co-occurring mental health and substance use disorders. He is a professional consultant to the Wayne State University School of Medicine - Michigan Fidelity Assessment Support Team (MIFAST), and the Michigan Integrated Treatment Committee (ITC).

As a management consultant Mr. Lewis has provided solid assistance to various public and private mental health and substance abuse agencies. As a consultant Mr. Lewis helps design and develop programs, train and develop staff, as well as assist in maintaining audit readiness for credentialing and licensing bodies. Mark is best known for his knowledge and experience. He is an effective trainer, motivator, and clinician. His trainings are full of energy, entertainment, and depth. Mr. Lewis is becoming the preferred trainer in several specialized areas.

*"One of the best trainings I have attended in 25 years of working in this field. Thank you."*

*"It was a very helpful and inspiring couple of days! Excellent program"*

*"After working in this field for over ten years, i have learned a new approach to assisting our service recipients and myself with a brighter future."*

*"Honestly - I don't have any suggestions for improvement. It was excellent."*

*"In addition to the excellent presenters and well organized schedule, I really appreciated the hands on approach to learning the material. I also felt that the interaction with the other participants was very valuable. The closing exercise was very helpful. Thank you for a great conference."*

*"We all are grateful with training from you"*

# Center for Motivational Interviewing Training and Staff Development

## Motivational Interviewing Trainer Training

### KEY REASON WHY YOU AND YOUR COLLEAGUES SHOULD ATTEND;

- You will network with colleagues to share invaluable ideas and experiences from different parts
- You will meet the finest corrections leaders serious about the business and learn how they do what they do
- You will leave at the end of the program with action steps to take to begin address the challenges you face
- You will learn from an expert faculty what works and know what mistakes to avoid
- We don't stop at just the class room studies. You will learn in discussion groups and trouble shooting sessions how to address the re-entry opportunities ahead
- Learn key skills for great corrections systems leadership
- Learn first hand the best and latest resources for addressing corrections needs and how to apply them

### CERTIFICATE COURSE

Upon completion of the course, participants will earn CE Hours plus documentation of training hours as evidence of accomplishment and status as a practitioner who has acquired specific new skills. Your document is delivered upon completion of the course.

### WHO SHOULD ATTEND

Managers, supervisors and program managers and professionals in mental health management, adult, juvenile and adolescent corrections and rehabilitation including;

- Adult and Juvenile Case Managers, Supervisors and Managers
- Probation Officers, Supervisors and Managers
- Behavioral Healthcare and Substance Abuse Professionals
- Psychologists, Psychiatrists and Therapists
- Resident populations managers
- Pastoral counselors
- DWI Court Administrators
- Social Workers & Substance Abuse Counselors
- Researchers & Planners
- Mental Health and Prevention Center Professionals
- Community Services Organizations, Services Providers
- Program Directors and Executives
- Government Agencies
- Pre-Release Specialists

*"I liked everything!!! the presentation was well organized, fun, informative, helpful, interesting and very very useful in everyday practice."*

*"I really enjoyed the way the instructor organized and presented difficult issues and was able to teach skills without the usual "role playing"*

## **ACCOMMODATION, REGISTRATION FEE, INTERNATIONAL PARTICIPANTS**

### **CHARLOTTE PROGRAMS LOCATION**

DoubleTree Guest Suites Charlotte/Southpark  
6300 Morrison Blvd. Charlotte, NC 28211  
Hotel Phone: 704-364-2400.

To reserve your guest rooms, please call 704-927-0033. Ask for Mary Loosier.

Also consider these other nearby hotels;

- \* Residence Inn Charlotte South Park - www.marriott.com - (704) 554-7001
- \* Hampton Inn & Suites SouthPark at Phillips Place - www.hamptonouthpark.com - (704) 319-5700
- \* Courtyard Charlotte SouthPark - 6023 Park South Drive, Charlotte, NC - (704) 552-7333
- \* Best Western Sterling Hotel & Suites- 242 East Woodlawn Road, Charlotte, NC - (704) 525-5454
- \* Hilton Garden Charlotte Executive Park- 5624 Westpark Drive, Charlotte, NC - (704) 527-8000 - 3.2 mi W
- \* Best Western Sterling Hotel & Suites- 242 East Woodlawn Road, Charlotte, NC - (704) 525-5454 - 3.1 mi NW
- \* Quality Inn- 440 Griffith Road, Charlotte, NC - (704) 525-0747 - 3.0 mi W
- \* Candlewood Suites - 5840 Westpark Drive, Charlotte, NC - (704) 529-7500 - 3.2 mi W
- \* Comfort Inn Executive Park- 5822 Westpark Drive, Charlotte, NC - (704) 525-2626 - 3.2 mi W
- \* Embassy Suites Hotel Charlotte - 4800 South Tryon Street, Charlotte, NC - (704) 527-8400 - 3.7 mi

### **RALEIGH/DURHAM PROGRAMS LOCATION**

Our host hotel is;

Doubletree Guest Suites Raleigh/Durham  
2515 Meridian Pkwy Durham, NC 27713  
Hotel Phone: 919 361 4660

Located some 10 minutes from the Raleigh-Durham International Airport (RDU).

**Alternate accommodations** are available in the area if you wish to consider them. They include;

**The Red Roof Inn:** I-40 North Carolina 55, Durham, NC 27701 - (919) 361-1950.

**Comfort Inn:** 4507 Apex Highway, Durham - (919) 361-2656

**La Quinta Inns:** 1910 Westpark Dr., Durham, NC 27713 USA - (919) 484-1422

If you need further assistance, please contact our office at 770-409-8780 or send email to [yvette@joyfields.org](mailto:yvette@joyfields.org). Thank you.

### **REGISTRATION FEES**

Includes all training sessions, training materials, site visits where applicable, breakfast and refreshment breaks are also included. Participants are responsible for all other expenses including charges for accommodations, airfare, dinners and all personal expenses.

**Single Attendee Registration:** \$2085 ea for all 3 sessions (\$695 X 3 Payments)

**2 or More Attendees Registration:** \$1785 ea for all 3 sessions (\$595 X 3 Payments)

### **PAYMENTS AND SUBSTITUTIONS**

Please make payments online at [www.joyfields.org](http://www.joyfields.org), plus 4 other Convenient Ways To Pay:

- **WIRE** transfer. To pay by wire transfer, send email to [wires@joyfields.org](mailto:wires@joyfields.org) to request wiring instructions. Include your phone and fax # and we will send you details for wiring funds
- **FAX** Completed Registration form to Joyfields at 678-605-0271
- **MAIL** a Company Check. Checks must be payable in US \$ and made out to "Joyfields, Inc." against a US bank and Mail to Joyfields, 5805 State Bridge Road, Suite G255, Duluth, GA 30097.
- **CALL** Joyfields for assistance at 770-409-8780. All payments must be received to participate. Participants may substitute attendees, at any time prior to the start of the workshop, with no penalty.

## Joyfields Institute for Professional Development

Please use this form to process your registrations. Complete the form and fax to 678-605-0271

Program Name: \_\_\_\_\_ Promo Code: \_\_\_\_\_

Approving Manager Name: \_\_\_\_\_ Title: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

IPC/Zip: \_\_\_\_\_ Country \_\_\_\_\_

### Attendee #1

Full Name: \_\_\_\_\_ Email: \_\_\_\_\_

Title: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Attendee #2

Full Name: \_\_\_\_\_ Email: \_\_\_\_\_

Title: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Attendee #3

Full Name: \_\_\_\_\_ Email: \_\_\_\_\_

Title: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Attendee #4

Full Name: \_\_\_\_\_ Email: \_\_\_\_\_

Title: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Payment Method (circle one): Credit Card / Wire / Check / Cash

Credit Card Name (circle one): MC / VISA / AMEX / DISCOVER

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Security Code: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Remember to book your room reservation at the hotel if you plan to stay at the hotel. If you need assistance with reserving your room, please send a request including your arrival and departure dates via email to Yvette Hughes at [yvette@joyfields.org](mailto:yvette@joyfields.org) or call 770-409-8780. We will then check on room availability and contact you via email to confirm your reservation.

Thank you.