



Online eLearning Webinar Series

Motivational Interviewing: Foundational Concepts, Strategies and Techniques

Program Summary

For judicial and case workers to help their clients succeed, they must apply appropriate evidence based skills as is advocated in Motivational Interviewing. Motivational Interviewing or Motivation Enhanced approaches have applications in various settings including criminal justice, corrections and law enforcement, mental and behavioral health, housing and others. It is a client-centered semi-directive method of engaging intrinsic motivation to change behavior.

Although MI is best taught and assimilated through experiential exercises, the aim of this online program is to teach foundational concepts, proven strategies and techniques involved in Motivational Interviewing (MI) and how it can be developed and utilized dynamically in targeted settings. The session is informative for staff with little or no knowledge of the MI approach, as well as those who may already implementing the model. The program takes a client-centered approach advocated in "Motivational Interviewing" to help staff learn how to influence clients into considering making lasting change.

Program Goals and Learning Outcomes:

Participants learn principles of "Motivational Interviewing" skills and how they apply in general to Criminal Justice, Substance Abuse and Mental Health. They will;

- Overview Motivational Interviewing, its key principles and applications
- Understanding MI ideology and techniques
- The role of MI in correctional change, substance abuse and mental health
- Learn OARS
- Learn Stages of Change and go over how to identify where clients are in these stages

The program is broken into two 2-hour sessions as follows.

Session I

- Evidence Based Practice
- Research to Practice
- Guiding to elicit and strengthen motivation for change
- Communication
- Stages of Change

Session II

- Ambivalence
- Elements of MI
 - Principles of MI
 - Foundational Skills of MI
 - DARN-C Talk
 - Spirit of MI
- Review

"The webinar interactive system was easy to use. Joyfields staff were very attentive, professional, and well-organized. The presenter was clearly very knowledgeable and professional. A positive experience.."

** Earn up to 4 CE Hours

Date: Please view session dates and Times online

Location: On Your PC

WHO SHOULD ATTEND

Managers, supervisors and program managers and professionals in mental health management, adult, juvenile and adolescent corrections and rehabilitation including;

Adult and Juvenile Case Managers, Supervisors and Managers

Probation Officers, Supervisors and Managers
Behavioral Healthcare and Substance Abuse Professionals

Psychologists, Psychiatrists and Therapists

Housing & Resident populations managers

Pastoral counselors

Court Administrators

Social Workers & Substance Abuse Counselors

Researchers & Planners

Mental Health and Prevention Center Professionals

Community Services Organizations, Services Providers

Program Directors and Executives

Government Agencies, and Pre-Release Specialists

Motivational Interviewing: An Introduction to MI Concepts, Strategies and Techniques

Workshop Leader

Mark M. Lewis, LMSW, MINT

Licensed Master Social Worker (LMSW), Mark Lewis began his career as a Law Enforcement and Corrections Specialist in the United States Air Force. During his 10 years of service Mr. Lewis performed as a Law Enforcement Supervisor and later as a Master Instructor in the Air Force Police Academy. Following the Air Force he completed a Bachelors Degree in Psychology at the University of Michigan, and the Masters of Clinical Social Work at Michigan State University. He is a Licensed Social Worker in the state of Michigan and a member of the International Motivational Interviewing Network of Trainers, and carries advanced credentials in other evidence based practices. .

In 28 years of practice Mr. Lewis has worked in various mental health and substance abuse treatment programs in both the public and private sector. His experience includes case management, treatment, supervision, staff development, and management of adult and juvenile justice programs including a very specialized program for Parolee-Sex Offender Alcoholics and Addicts.

Mr. Lewis has been a leader in the state of Michigan for the integration of treatment for persons with co-occurring mental health and substance use disorders. He is a professional consultant to the Wayne State University School of Medicine - Michigan Fidelity Assessment Support Team (MIFAST), and the Michigan Integrated Treatment Committee (ITC).

As a management consultant Mr. Lewis has provided solid assistance to various public and private mental health and substance abuse agencies. As a consultant Mr. Lewis helps design and develop programs, train and develop staff, as well as assist in maintaining audit readiness for credentialing and licensing bodies. Mark is best known for his knowledge and experience. He is an effective trainer, motivator, and clinician. His trainings are full of energy, entertainment, and depth. Mr. Lewis is becoming the preferred trainer in several specialized areas.

"Loved the webinar format! Great technology and ability to limit travel time, time away from family, etc. and still get great training."

"Personally I felt for the first time that this program was developed for the work that I do."

I was very impressed with the depth of knowledge the facilitators possessed about evidenced based best-practices in the industry. However, it wasn't an over-your -head kind of dissemination . . . very practical.

** Joyfields reserves the right to change instructors if circumstances necessitate such change prior to the actual event.*

Motivational Interviewing: An Introduction to MI Concepts, Strategies and Techniques

KEY REASON WHY YOU AND YOUR COLLEAGUES SHOULD ATTEND;

- You will network with colleagues to share invaluable ideas and experiences from different parts
- You will meet the finest corrections leaders serious about the business and learn how they do what they do
- You will leave at the end of the program with action steps to take to begin address the challenges you face
- You will learn from an expert faculty what works and know what mistakes to avoid
- We don't stop at just the class room studies. You will learn in discussion groups and trouble shooting sessions how to address the re-entry opportunities ahead
- Learn key skills for great corrections systems leadership
- Learn first hand the best and latest resources for addressing corrections needs and how to apply them

CERTIFICATE COURSE

Upon completion of the course, participants will earn CE Hours plus documentation of training hours as evidence of accomplishment and status as a practitioner who has acquired specific new skills. Your document is delivered upon completion of the course.

WHO SHOULD ATTEND

Managers, supervisors and program managers and professionals in mental health management, adult, juvenile and adolescent corrections and rehabilitation including;

- Adult and Juvenile Case Managers, Supervisors and Managers
- Probation Officers, Supervisors and Managers
- Behavioral Healthcare and Substance Abuse Professionals
- Psychologists, Psychiatrists and Therapists
- Resident populations managers
- Pastoral counselors
- DWI Court Administrators
- Social Workers & Substance Abuse Counselors
- Researchers & Planners
- Mental Health and Prevention Center Professionals
- Community Services Organizations, Services Providers
- Program Directors and Executives
- Government Agencies
- Pre-Release Specialists

Your company provided an incredible opportunity for professional development and was laser focused around what other facilities are doing regarding reentry and reintegration based on statistical evidence based practices. I personally utilized this workshop from a vendor perspective to ensure the opportunities our company is pursuing in reentry and reform is in line with Best Practices and working towards Evidence Based Practices in the Correctional Industry. I was truly amazed by the detail and level of information your course provided. As a matter of fact, I would say that this was one of the best "hands on" educational programs I have ever attended, including many of the Masters level courses I attended in graduate school. I will be, and have already, STRONGLY recommended this course for our County, DOC, and international correctional customers and would even recommend this to other vendors of the corrections industry interested in providing reentry or rehabilitation services.

This was truly worthwhile and should be a mandatory course for Correctional Leaders everywhere.

Joyfields Institute for Professional Development

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REGISTRATION FEES

Please check/circle where appropriate

***Members— Take 10% OFF**

1st Participant: **\$295**
of Additional Participants _____ X \$195: \$ _____

OR

** As always, every 4th attendee gets a free registration.

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**** Participants will receive webinar access details when registration is processed.]**

Complete your registration by entering participant (s) details on the registration form located on the next page

PAYMENTS AND SUBSTITUTIONS

Please make payments online at www.joyfields.org. 4 More Convenient Ways To Pay:

- **FAX** Completed Registration form to Joyfields at +1(678)605-0271
- **BILL ME** - Will pay by company check. Checks must be payable in US \$ against a US bank and made out to "Joyfields, Inc." and Mail to Joyfields, 5805 State Bridge Road, Suite G255, Duluth, GA 30097
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- **WIRE** transfer. To pay by wire transfer, send email to wires@joyfields.org to request wiring instructions. Include your phone and fax # and we will send you details for wiring funds Questions? Send email to Yvette Hughes at Yvette@joyfields.org or call +1(770)409-8780.

All payments must be received to participate. If there is a chance payment may not reach us before the program date, a Purchase Order will be required.

Participants may substitute attendees, at any time prior to the program start, with no penalty.

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Please use this form to process your registrations. Complete the form and fax to +1-678-605-0271

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