



CENTER FOR MOTIVATIONAL INTERVIEWING SKILLS TRAINING & STAFF DEVELOPMENT

Motivational Interviewing Skills Trainer (MIST) Workshops

Two 3-day Sessions

Dates: TBD

Location: TBD

www.joyfields.org



Motivational Interviewing Skills Trainer (MIST) Training Workshops

Program Summary

Two 3-Day Sessions

***Pre-requisite** - Mi: Core Skills plus MI: Advanced Skills or equivalent experience

****** A minimum of 15 to 60 days of practice and coaching is required between sessions 1 & 2

Research on Motivational Interviewing (MI) demonstrates that initial mass trainings to learn the method does not create sustainable excellence in practice. In fact the research demonstrates that ongoing feedback from audio coding, along with periodic refresher training and coaching is the most effective way to achieve and maintain high fidelity of practice. As a result it is highly recommended that agencies engage a MINT instructor or train their own in-house trainers as well as their supervisory teams on Motivational Interviewing skills to provide periodic refreshers and to coach and give feedback. The research shows that without these activities many practitioners and agencies say they are practicing Motivational Interviewing but when reviewed are at very low fidelity with matching outcomes.

The **Motivational Interviewing Skills Trainer (MIST)** training course is designed to help participants who have completed the basic and advanced courses to obtain competence to conduct MI training to others. Prospective trainers are required to complete MI: Core Skills and MI: Advanced Skills courses. Years of MI skills on the job may also serve to meet the advanced skills requirement. Also, they must be individuals who are achieving high scores in fidelity scoring. Prospective Trainers will ideally present themselves as comfortable and confident in a training presentation venue. Experience as a trainer or educator would be extremely helpful.

The Center for MI Training program, Motivational Interviewing Skills Trainer (MIST) is a leading MI skills training resource available for training and developing future trainers. These trainers can provide the periodic trainings and refreshers as well as coach and give feedback.

The MIST program at Joyfields Institute Center for Motivational Interviewing Training & Staff Development is conducted in two 3-day sessions. MIST candidates must participate in both MIST sessions to graduate.

MIST Session-1 (1st 3-Days)

- Review MI Fundamentals, Strategies and Techniques
- Examine MI Practice
- Completion of a Video assessment of simulated encounters-revised
- Basic Instruction Techniques
- How MI is Learned/Taught
- Lesson Planning

****** 15 to 60 days of practice and coaching between session-I & session-II

MIST Session-II (Final 3-Day Session)

- How MI is Learned/Taught
- Lesson Planning
- Submit & Review Lesson Plan
- Teach/Deliver Plan w/ Scoring
- MIST Certificate of Completion Issued

**** Earn up to 39 CE Hours**

Dates & Locations: View current information online at www.center4mi.com

WHO SHOULD ATTEND

Managers, supervisors and training program managers and professionals in mental health management, adult, juvenile and adolescent settings and others considering a training role.

It is also highly relevant to Service Providers, those in Housing & Resident populations settings, Pastoral counselors, Court Administrators, Social Workers & Substance Abuse Counselors, Researchers & Planners, Mental Health and Prevention.

Those at Community Services Organizations would also benefit.

Program Directors, Executives, Government Agencies and Pre-Release Settings should consider sending their training personnel.

"One of the best trainings I have attended in 25 years of working in this field. Thank you."

Center for Motivational Interviewing Training and Staff Development

KEY REASON WHY YOU AND YOUR COLLEAGUES SHOULD ATTEND;

- You will network with colleagues to share invaluable ideas and experiences from different parts
- You will meet the finest corrections leaders serious about the business and learn how they do what they do
- You will leave at the end of the program with action steps to take to begin address the challenges you face
- You will learn from an expert faculty what works and know what mistakes to avoid
- We don't stop at just the class room studies. You will learn in discussion groups and trouble shooting sessions how to address the re-entry opportunities ahead
- Learn key skills for great corrections systems leadership
- Learn first hand the best and latest resources for addressing corrections needs and how to apply them

CERTIFICATE COURSE

Upon completion of the course, participants will earn CE Hours plus documentation of training hours as evidence of accomplishment and status as a practitioner who has acquired specific new skills. Your document is delivered upon completion of the course.

WHO SHOULD ATTEND

Managers, supervisors and program managers and professionals in mental health management, adult, juvenile and adolescent corrections and rehabilitation including;

- Adult and Juvenile Case Managers, Supervisors and Managers
- Probation Officers, Supervisors and Managers
- Behavioral Healthcare and Substance Abuse Professionals
- Psychologists, Psychiatrists and Therapists
- Resident populations managers
- Pastoral counselors
- DWI Court Administrators
- Social Workers & Substance Abuse Counselors
- Researchers & Planners
- Mental Health and Prevention Center Professionals
- Community Services Organizations, Services Providers
- Program Directors and Executives
- Government Agencies
- Pre-Release Specialists

REGISTRATION FEES

Includes all training sessions, training materials, site visits where applicable, breakfast and refreshment breaks are also included. Participants are responsible for all other expenses including charges for accommodations, airfare, lunches & dinners and all personal expenses.

Single Attendee Registration: \$2495 ea for both sessions (\$1295 X 2 Payments)

2 or More Attendees Registration: \$2295 ea for all 3 sessions (\$1195 X 2 Payments)

PAYMENTS AND SUBSTITUTIONS

Please make payments online at www.joyfields.org, plus 4 other Convenient Ways To Pay:

- **WIRE** transfer. To pay by wire transfer, send email to wires@joyfields.org to request wiring instructions. Include your phone and fax # and we will send you details for wiring funds
- **FAX** Completed Registration form to Joyfields at 678-605-0271
- **MAIL** a Company Check. Checks must be payable in US \$ and made out to "Joyfields, Inc." against a US bank and Mail to Joyfields, 5805 State Bridge Road, Suite G255, Duluth, GA 30097.
- **CALL** Joyfields for assistance at 770-409-8780. All payments must be received to participate. Participants may substitute attendees, at any time prior to the start of the workshop, with no penalty.

Joyfields Institute for Professional Development

Please use this form to process your registration. Complete the form and fax to +1(678)605-0271

Event Name: _____

Approving Manager Name: _____ Title: _____

Email: _____

Company: _____

Address: _____

City: _____ State: _____

IPC/Zip: _____ Country _____

Phone: _____ Fax: _____

Attendee #1

Full Name: _____ Email: _____

Title: _____ Phone: _____ Promo Code: (if any) _____

Attendee #2

Full Name: _____ Email: _____

Title: _____ Phone: _____ Promo Code: (if any) _____

Attendee #3

Full Name: _____ Email: _____

Title: _____ Phone: _____ Promo Code: (if any) _____

Attendee #4

Full Name: _____ Email: _____

Title: _____ Phone: _____ Promo Code: (if any) _____

**** To register over 4 participants, please make copies of this page. Thank you.**

Payment Method (circle one): Credit Card / Wire / Check / Cash / PO # _____

Credit Card Name (circle one): MC / VISA / AMEX / DISCOVER

Name on Card: _____

Card Number: _____ Security Code: _____

Expiration Date: _____

Remember to book your room reservation directly with the hotel if you plan to stay at the hotel.

If you need assistance, send email to Yvette Hughes at yvette@joyfields.org or call +1(770)409-8780.