



## Online eLearning Webinar Series

### **Cognitive-Behavioral Therapy (CBT): Fundamental Strategies and Tactics**

#### **Program Summary**

A cognitive-behavioral approach is the primary foundational model for working with clients demonstrating anti-social behaviors. The course looks at the Behavioral component as well as Cognitive and how they both work together.

Predominantly a knowledge transfer this program aims to familiarize participants with the concepts and key elements of this evidence-based practice. The goal of this course is to enhance the efficacy of human services staffs in preventing recidivism and relapse.

#### **Program Goals and Learning Outcomes:**

Participants will be in a position to understand how CBT as a model is applied to guide clients with the goal of preventing relapse and recidivism. They will also learn to help clients acquire skills for promoting prosocial and responsible behavior. Participants will;

- Learn key components of CBT and Identify/describe core cognitive structures that are the focus of CBT
- Identify/describe core processes of CBT, vehicles and dynamics through which cognitive structures are expressed that define the action focus of CBT
- Understand pathways to relapse, the process of recidivism and how to prevent them
- Learn how it is applied in youth settings
- Understand Be in a position to help clients develop a relapse prevention plan

*"The webinar interactive system was easy to use. Joyfields staff were very attentive, professional, and well-organized. The presenter was clearly very knowledgeable and professional. A positive experience.."*

#### **\*\* Earn up to 2 CE Hours**

**Date:** Please view session dates and Times online

Location: On Your PC

Adult and Youth Case Managers  
Teams, Supervisors and Managers  
Social Workers & Counselors  
Behavioral Healthcare and Substance Abuse Professionals  
Probation personnel, Supervisors and Managers  
Mental Health and Prevention Center Professionals  
Community Services Organizations, Services Providers  
Program Directors and Executives  
Resident populations staffs  
Clinical Directors and Staff  
Disability Management Professionals  
Trainers  
Safety Officers  
Nurse Care Professionals  
Workforce Specialists  
Psychologists, Psychiatrists and Therapists  
Pastoral counselors  
DWI Court Administrators  
Researchers & Planners  
Government Agencies  
Pre-Release Specialists

## CERTIFICATE COURSE

Upon completion of the course, participants will earn CE Hours plus documentation of training hours as evidence of accomplishment and status as a practitioner who has acquired specific new skills. Your document is delivered upon completion of the course.

## WHO SHOULD ATTEND

Adult and Youth Human Services Case Management Teams, Supervisors and Managers  
Probation Officers, Supervisors and Managers  
Behavioral Healthcare and Substance Abuse Professionals  
Psychologists, Psychiatrists and Therapists  
Resident populations managers  
Pastoral counselors  
DWI Court Administrators  
Social Workers & Substance Abuse Counselors  
Researchers & Planners  
Mental Health and Prevention Center Professionals  
Community Services Organizations, Services Providers  
Program Directors and Executives  
Government Agencies  
Pre-Release Specialists  
Clinical Directors and Staff  
Disability Management Professionals  
Trainers  
Safety Officers  
Nurse Care Professionals  
Workforce Specialists

*I was very impressed with the depth of knowledge the facilitators possessed about evidenced based best-practices in the industry. However, it wasn't an over-your -head kind of dissemination . . . very practical.*

*"Loved the webinar format! Great technology and ability to limit travel time, time away from family, etc. and still get great training."*

*"Personally I felt for the first time that this program was developed for the work that I do."*

*"I was very impressed with the depth of knowledge the facilitators possessed about evidenced based best-practices in the industry. However, it wasn't an over-your -head kind of dissemination . . . very practical."*

**Joyfields Institute for Professional Development**

**Online eLearning Webinar Series**

**REGISTRATION FEES**

Please check/circle where appropriate

Set-up: \$100 (Waived for a limited time) \$  0

Single attendee: \_\_\_ X \$125 \$ \_\_\_\_\_

2 or more attendees: \_\_\_ X \$95 ea \$ \_\_\_\_\_

**\* CE TRAINING HOURS DOCUMENTATION AND CERTIFICATE ISSUED**

**TEAMS**

Teams Per Location: \_\_\_ X \$295 ea (Limited time offer. Reg. \$695) \$ \_\_\_\_\_

\* Members — Take 10% OFF

\* Alumni — Take 5% OFF

**PAY GRAND TOTAL** \$ \_\_\_\_\_

**\*\* Participants will receive webinar access details when registration is processed.]**

**Complete your registration by entering participant (s) details on the registration form located on the next page**

**PAYMENTS AND SUBSTITUTIONS**

Please make payments online at [www.joyfields.org](http://www.joyfields.org). 4 More Convenient Ways To Pay:

- **FAX** Completed Registration form to Joyfields at +1(678)605-0271
- **BILL ME** - Will pay by company check. Checks must be payable in US \$ against a US bank and made out to "Joyfields, Inc." and Mail to Joyfields, 5805 State Bridge Road, Suite G255, Duluth, GA 30097
- **CALL** Joyfields for assistance at +1(770)409-8780
- **WIRE** transfer. To pay by wire transfer, send email to [wires@joyfields.org](mailto:wires@joyfields.org) to request wiring instructions. Include your phone and fax # and we will send you details for wiring funds Questions? Send email to Yvette Hughes at [Yvette@joyfields.org](mailto:Yvette@joyfields.org) or call +1(770)409-8780.

All payments must be received to participate. If there is a chance payment may not reach us before the program date, a Purchase Order will be required.

Participants may substitute attendees, at any time prior to the program start, with no penalty.

## Joyfields Institute Online eLearning Webinar Series

Please use this form to process your registrations. Complete the form and fax to +1-678-605-0271

Webinar Name: \_\_\_\_\_ Webinar Dates: \_\_\_\_\_

Approving Manager Name: \_\_\_\_\_ Title: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Company: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

IPC/Zip: \_\_\_\_\_ Country: \_\_\_\_\_

**Attendee #1 OR COORDINATOR INFO IF TEAM Attendee #5**

Full Name: \_\_\_\_\_

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Title: \_\_\_\_\_

Title: \_\_\_\_\_

**Attendee #2**

**Attendee #6**

Full Name: \_\_\_\_\_

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Title: \_\_\_\_\_

Title: \_\_\_\_\_

**Attendee #3**

**Attendee #7**

Full Name: \_\_\_\_\_

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Title: \_\_\_\_\_

Title: \_\_\_\_\_

**Attendee #4**

**Attendee #8**

Full Name: \_\_\_\_\_

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

Title: \_\_\_\_\_

Title: \_\_\_\_\_

**\*\* To register over 8 participants, please make copies of this page. Thank you.**

**Payment Method (circle one): Credit Card / Wire / Check / Cash / PO # \_\_\_\_\_**

Credit Card Name (circle one): MC / VISA / AMEX / DISCOVER

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